

The Most Dangerous Legislation Ever Forced Through Congress Could Put Your Health and Personal Freedoms on Life Support . . .

Millions of Americans Are Paralyzed by Outrage, Confusion, and Panic . . .



Are You Prepared To Survive the Obamacare Pandemic?

Uncovered In This Must-Read Report:



- **The Truth About "Rationing":** Are You Now "Socially Useful" Enough to Receive Cancer, Heart Disease, or Arthritis Treatments?



- **Ransomed Cures:** Will Cutbacks Force You to Pay \$20,000 a Year (or more) in Membership Fees Just to Receive Basic Care?



- **The Endless Wait:** Could Long Lines, Bureaucratic Red Tape, and Doctor Restriction Cut 10 Years Off Your Life?

**Today, I Want to Mail You a 100% FREE Book
That Reveals These Startling Truths,
PLUS an Obama-Proof, Total Wellness Plan
Prepared By the Nation's Top Doctors.**

Dear Concerned Citizen,

"People fear what they don't understand." That's what we've always been told.

However, if you've read the Obamacare Manifesto — you won't share this sentiment.

I have reviewed it thoroughly.

And the more I learn about this gross distortion of social reform, the more fearful I become.

I truly hope that we repeal this miscarriage of the Constitution, but in the event it's not, you need to prepare for the aftermath of this historic pandemic.

And I don't use this term loosely.

Obamacare has created a public health disaster that threatens the freedom and well-being of 307 million Americans. There is not a single area of this country that has not been put at risk.

So, unfortunately for all of us, pandemic is the proper description.

The Patient Protection and Affordable Care Act that President Obama signed into law on March 23 was written intentionally in a manner that is complicated and confusing.

And although many politicians like to manipulate the facts — you need the truth from unbiased experts . . .

Without a law degree in hand, the average American would find it impossible to understand the scope of this legislation.

And only doctors truly have the insight to explain not only how this decree will handcuff their ability to treat you but also what health measures you can take right now to be your family's first line of defense in the coming days of rationing and substandard treatments.

Now, I am not a doctor or lawyer.

That is why . . .

**I Have Gathered the Nation's Top
Minds in Law and Medicine to
Assist Me in Writing This Letter to You.**

Today, with the help of constitutional scholar and former New York Lt. Gov. Betsy McCaughey, we are going to separate "fact from fiction" to expose the half truths, lies, and coverups buried in Obamacare.

Because it's critical that you learn how your insurance will change . . . how this legislation will affect the

quality of your healthcare . . .

And who will be making your medical decisions (the ones that used to be between you and your doctor).

Joining Betsey will be internal medicine physician Dr. C.L. Gray.

Tired of seeing politics thrust into the one area it should never be found — your doctor's office — Dr. Gray established Physicians for Reform.

And now he's fighting for you and your doctor's rights.

He will provide you with an insider's point of view on the changes you can expect to see in your doctor's office, hospital, treatments, and procedures — once this "reform" really sinks its teeth in.

And because the years ahead will undoubtedly be filled with medical perils, you need to make immediate decisions to maintain your God-given rights to health and freedom.

So I will share with you a total wellness plan prepared by Dr. Russell Blaylock, Dr. David Brownstein, and Dr. Chauncey Crandall.

These brave physicians are world-leading experts in the fields of emergency medicine, cardiology, neurology, holistic health, and preventive care.

I have compiled **EVERYTHING** into a critical book I'd like to mail you immediately.

This book is called: **Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom.**

I believe it's imperative for every American to read it so they can get the real story on President Obama's so-called healthcare reform.

And that's why I want to mail you a copy for FREE (a \$35 value).

The "plain English" explanations will help you make sense of the loopholes, hidden clauses, and dangers that threaten your liberties . . .

And the natural treatments, simple cures, and early warning tests provided in this book's pages could add years to your life . . .

[Better, Healthier, and More Active Years.](#)

[Learn how to claim your FREE copy of Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom here!](#)

An Unprecedented Panel of Doctors Have Prepared a Step-By-Step Medical Plan to Protect You!



Dr. Russell Blaylock

Nationally recognized, board-certified neurosurgeon, health practitioner, author, and lecturer



Dr. David Brownstein

Board-certified family physician and one of the foremost practitioners of holistic medicine

Now as we go through this letter today, I'm going to quickly address the issues that will be covered in this powerful book.

You will have to pardon me if I speak with you frankly. But I prefer straight talk because . . .

In the Days of Obamacare, Ignorance Is Not Bliss. It's Downright Life Threatening.

To comprehensively address an issue this large **Surviving Obamacare** is broken into two distinct parts.

Part I of this book will expose the grim facts concerning the new state of healthcare in America.

You will learn the truth on rationing . . . who's pulling the strings . . . and the dirty secret that Obamacare was created to truly benefit only the rich and special interests.

You will even get a detailed timeline of what could happen in the years ahead.

And in Part II, this prestigious panel of doctors will provide you with sound medical guidance and actionable alternative treatment solutions to ensure you do not fall victim to this attack on your right to live a long and healthy life.

Because with fewer doctors, as well as limited access to medical treatments and tests, your health will soon be in your own hands.

Below is a small sample of what you will be given in this total wellness plan:

- **Avoiding Big Pharma's Poisons:** Uncover the five deadly drugs Obamacare may mandate for diabetes, depression, heart disease, cancer, even the common flu, whether you need them or not.

And most importantly, learn the five natural alternatives that could keep you safe while costing you less than 6 cents a day.

- **Unlocking the Real Secret to Turning Back the Clock 20 Years:** It is a complete falsehood that getting older means painful surgeries, endless medications, lowered libido, and lack of energy.

Instead of buying into the false hype peddled to you on a daily basis, learn the five easy (and scientifically proven) lifestyle changes that reverse the years, while immensely improving the overall quality of your life.



Dr. Chauncey Crandall
Chief of the Cardiac Transplant Program
at the Palm Beach Cardiovascular
Clinic in Palm Beach Gardens, Fla.,
and practices interventional,
vascular, and transplant cardiology



Dr. C.L. Gray
Board-certified, internal
medicine physician, and founder
of Physicians For Reform

**Learn What to Expect
in the Years Ahead.**

**Plus What Actions to Take
Now to Ensure You Live a
Healthy Life With Comfort,
Dignity, and Freedom . . .**

[Claim Your 100% FREE Copy of
Surviving Obamacare Here!](#)

- **The One Supplement That Is Your First Line of Defense Against . . . EVERYTHING:** It helps protect you against cancer, heart disease, stroke, peripheral vascular disease, Alzheimer's disease, dementia, inflammatory bowel disease, aneurysm, kidney disease, and erectile dysfunction.

Take this one supplement a day to help build a wall around your immune system that will be nearly impervious to many serious conditions.

- **Averting a Health Catastrophe:** Learn the three life-saving tests you must get now before you are moved to the end of a very long line.

These will be pain-free, "under-the-radar" exams of your blood work, cardiovascular, and gastrointestinal systems you can ask your doctor to perform immediately.

So in the event that rationing handcuffs doctors, you will be one of the few who took the necessary precautions to prepare yourself.

- **Seven Secrets That Can Predict Your Future:** Do you feel great right now, but have a family history of cancer, stroke, or diabetes?

Living in optimal health is not just about the present — you need to be able to predict what could happen down the road.

Learn seven little-known ways to help you identify any possible conditions that may strike you in the future, plus the steps and natural treatments you can take now to rebalance your life and protect yourself from future hereditary diseases.

- **Plus many more natural solutions** that will improve your memory, heart health, immune system, and eyesight — without dangerous prescription drugs . . .

It would be nearly impossible to list all of the invaluable advice you will receive in this book.

[So I suggest you claim your FREE copy of: Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom here! \(a \\$35 value — no charge\)](#)

Do not delay in securing this book, or you may find yourself trapped behind . . .

Obama's Iron Curtain . . . The Creation of Two Americas — Which Side Are You On?

In Communist-controlled East Germany, people were promised equal and free healthcare. In theory, everybody would get proper medical attention.

But in reality, many of the doctors fled the regime, and the common man was forced to choose between seeing a poorly trained physician with rationed supplies, or to stay at home and hope to recover.

All while the Communist aristocrats received preferential care from the few remaining qualified doctors.

Just like in the days of the Iron Curtain, what could be left in the aftermath of Obamacare is a nation of "haves" and "have-nots."

That's the dirty secret.

On the surface, it appears that the poor and middle class will get improved coverage, but in reality, all that's been created is an elitist system that tipped the scales unfairly to the select few.

The rich will still get the best care. It will just cost them more.

But everyone else will be left fighting long lines to receive treatment from a growing number of poorly trained physicians who have been rushed through the system.

And this distinct division undoubtedly will create two Americas.

Knowing the frightening truths lurking in Obamacare will help you keep your eyes open regardless of what the mainstream media tries to sell you.

And the medical advice and alternative treatments in this book's pages will allow you to protect yourself for any changes that are forced on you by this legislation.

[Learn how to claim your FREE copy of: *Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom here!* \(a \\$35 value — no charge\)](#)

Let's now expose the dangers that lie directly ahead.

A "Love Affair" With the NHS Reveals The Real Story on "Rationing"

"The decision is not whether or not we will ration care . . .
The decision is whether we will ration with our eyes open."

— *Dr. Donald Berwick, President Obama's
appointee to oversee Medicare and Medicaid*
(Source: July 7, 2010, CBS News)

It's hard to misinterpret these words.

Donald Berwick and his "anointed" advisors will now be making treatment and medical decisions for the tens of millions of Medicare recipients.

What makes this so dangerous is that Berwick is a staunch supporter of the National Health System (NHS) in Great Britain.

Well, "supporter" is an understatement. His exact words are: "I am a romantic about the NHS; I love it" . . .

And What's Not to Love? (If You're Rich, of Course . . .)

In **Surviving Obamacare**, we'll talk about the NHS and how our system in America could alarmingly soon mirror it.

Consider these facts . . .

- According to the BBC (British Broadcasting Corp.), 1 in 5 doctors knows someone who has suffered harm from rationing.
- More than 5% of English doctors know somebody who died from waiting in long lines or from being outright rejected for treatment.
- Under the NHS, the United Kingdom has only 5.6 MRI machines per 1 million people.
- If you need a CT/CAT scan to detect a tumor, hemorrhage, or bone trauma, be ready to wait, as there are only 7.6 machines available per 1 million citizens.
- Average wait time for a life-saving kidney transplant is 841 days, unless you have diabetes — then it is much longer.
- The NHS recently scrapped a program to get wait times for hospital treatment down to 18 weeks or less, because it couldn't make it work.

Turning Their Back On Those Who Need Them The Most!

Dr. Richard Money, an English doctor handcuffed by the NHS system, had to watch a 70-year-old man die because he was put on a waiting list for six months for a life-saving surgery.

Making things even worse is the fact that the man was the only family member able to take care of his wife, who was suffering from Alzheimer's disease.

It's nearly impossible for the **average citizen** in Great Britain to get proper care, regardless of the condition.

But the "Elite" Come Out Okay . . .

They pay a hefty fee and get to skip the lines and receive vastly better care.

According to the NHS' own website, the rich and privileged have the choice to get their special treatment:

- In a separate wing of an NHS hospital
- At a private clinic run after NHS hours
- In a private room.

Because of these "healthcare perks," the rich live an average of 10 years longer than everyone else.

"If the NHS has to circumvent their own waiting lists, the system isn't working well enough. It's an admission by the NHS that their own system isn't able to respond to the mass of people . . ."

— *The Times*

according to England's National Audit Office.

The NHS even took \$3 million in taxpayer money and paid for the premium insurance so a select group of its "most important" employees could receive priority treatment, better care, and apparently longer lives than the rest of society.

The privileged buy their way out of "rationing" while everyone else is left to fight over limited medical access.

What does that say about the NHS' faith in its own system? And more importantly, why aren't our politicians going to be enrolled in our Obamacare version of it?

England's own health secretary, Andrew Lansley, sees the dangers of the NHS system. He calls it "intolerable."

If Berwick gets his way you could be forced into an "intolerable" healthcare plan, and unless you are wealthy, you can't escape it.

Has Your Life Expectancy Just Been Slashed by 10 Years?

For the past 60 years, having the top medical talent in the world and cutting-edge technology has drastically improved the quality of life for Americans . . .

- Since the 1950s, we've seen breast cancer survival rates rise from 80% to 98% now.

Go to Europe and this figure drops to below 80% on average.

- For American men who are diagnosed with prostate cancer the five-year survival rate is almost 100%. And 10 years post-diagnosis, the figure is still high at 91%.

This far surpasses any Western European Country where "socialized medicine" reigns. Germany sits at 85%, and your life is truly in jeopardy in Scotland, where only 71% recover.

- Overall, since 1950, we've seen the average life expectancy of Americans rise from 68.1 to 78.4 years.

It's Just as Bad in Canada . . . Our Other "Model" for Healthcare . . .

- Across Nearly 20% of Canada — about 2 million miles — there is not a single dialysis machine.
- Canadians who suffer from kidney disorders in this region have to travel hundreds of miles just to get the life saving treatment they need.
- In all of Canada — home to 32 million people — there are only 151 MRI machines.

That equals about one per 212,000 people . . .

- For reference, the Pittsburgh area alone is estimated to have 140 MRI machines.

That's one machine per 2,389 residents.

This is an early warning sign of what could lie ahead for us.

So, while only the rich in England have the benefit of a longer life and millions in Canada suffer from lack of access to proper care . . .

All Americans have been given more than 10 extra years to spend with their children and grandchildren. And groundbreaking advances in treatments have improved our overall quality of life.

But this won't last, because preventive medicine, early screening tests, and Medicare are under attack from Obamacare.

So you need to take your health into your own hands now. Because to rely on our new government-mandated system is the biggest risk of all.

Get the full story on Donald Berwick's "love affair" with creating an American version of the NHS — as well as the critical medical guidance and natural treatments you need in your 100% FREE copy of the book:

[Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom here! \(a \\$35 value — no charge\) — learn more by clicking here](#)

Since 1950, More Nobel Prize Winners in Medicine and Physiology Have Come From America Than the Rest of The World Combined.

Rationing — just like in England — will strike America by 2014, at the latest.

And when it becomes a reality. . .

Will the Value of Your Life Be Based on Your "Social Usefulness?"

Dr. Berwick is just one of the dangerous "fixers" pulling the strings on the state of American healthcare. You should also be concerned about the true intentions of President Obama's health adviser, Dr. Ezekiel Emanuel (the brother of Rahm Emanuel, the White House Chief of Staff).

Dr. Emanuel is championing his "Complete Lives System."

To determine who gets treatments, surgeries, and access to doctors, this system uses an arbitrary measure called "social usefulness."

Now the term "social usefulness" sounds harmless, until you understand what it really means . . . **At certain ages, one life is more valuable than another.**

You won't be surprised to find that the elderly rank low on Dr. Emanuel's "social usefulness" scale.

In fact, he has publicly written: "The Complete Lives System discriminates against older people."

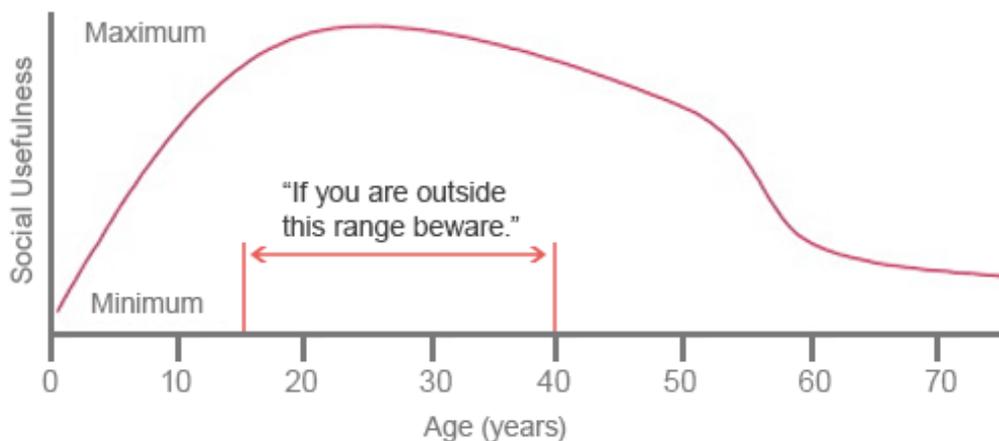
But alarmingly, Dr. Emanuel targets the very young as well.

“The importance of complete lives also supports . . . prioritizing adolescents and young adults over infants . . . Adolescents have received substantial education and parental care, investments that will be wasted without a complete life.

Infants, by contrast, have not yet received these investments.”

— Dr. Ezekiel Emanuel

How Valuable Are You in Dr. Emanuel's Eyes?



So if you have young children or grandchildren, you may find their general welfare is under attack, **just as much as yours.**

Power Is About to Be Transferred From You and Your Doctor to a Bureaucrat Who Doesn't Know You or Your Situation.

In the days of Obamacare, an arbitrary chart like the one above could be used by a government committee to decide blindly who gets treatments, surgeries, and medical access.

So ask yourself this question . . .

Are you comfortable having a committee of people who don't know you — and are probably located hundreds of miles away — deciding whether your life is worth saving because of your "social usefulness"?

I know that if I needed a life-saving surgery, or even a hip replacement, I'd like to be able to make that decision with my doctor myself.

Not Dr. Emanuel, Dr. Berwick, or somebody else in President Obama's "inner circle."

Surviving Obamacare will uncover the truth about rationing.

And, more importantly, a panel of the nation's top doctors have prepared a step-by-step, total wellness plan you can use to protect your health and that of your loved ones.

[So I suggest you claim your FREE copy of Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom — Click Here Now](#)

But if you are wealthy you can avoid all the "inconveniences" of rationing by taking advantage of a trend that is sweeping through doctors' offices across America.

The Rise of "Country Club" Medicine

It's an exclusive club, but there are no perfectly groomed greens, no carefully kept tennis courts, no overstuffed leather chairs . . .

It's an idea so new it doesn't even have a name, although some wags have dubbed it "Club Med."

— *Seattle Times*

It sounds nice, doesn't it?

But I'm not sure many folks want to be excluded from getting the best medical attention because they aren't millionaires.

Similar to the English healthcare system (NHS), in the days of Obamacare, the rich will be able to avoid rationing, the long lines, and the assault of socialized medicine by joining these "Medical Country Clubs."

And just like country clubs — these doctors are very selective of who they accept for membership — don't even try to get in if you are on Medicare or an affordable plan.

By paying hefty annual dues and high fees, the "privileged" will receive top-of-the-line treatments, unlimited access to their doctors, and priority for possibly life-saving procedures.

But the sizable dues and fees just get you in the door to see the doctor.

The rich also will have to carry the most expensive healthcare plans to gain membership.

You already can find these "Medical Country Clubs" in 27 states, and a rush of doctors are converting to this form of treatment every day.

Obamacare Was Never Intended to Help the Average American . . .

"What it says is that this country, for the moment, seems to be going along with the idea that if you're rich, you get different and better care . . .

[Doctors] offering the kinds of services, at a very high price, that used to be — and still should be — generally available to everyone who has a primary-care physician"

— *Dr. A. Relman, a physician of 50 years and the former editor of the New England Journal of Medicine*

For example, a "Medical Country Club" in Seattle charges \$22,000 a year just in dues.

In Key Biscayne, Fla., you'll pay \$20,000 a year.

And in the most extreme case, the rate for membership to get what used to be normal medical care is \$150,000 a year in a practice in Bellaire, Texas.

Of course, if you are looking for a "bargain," go to our nation's capital. You can get into a private medical club in Washington, D.C., for only \$1,800 a year.

And you may just find some of your favorite politicians there as card-carrying members.

We'll go into the rise of "Medical Country Clubs" in great detail in **Surviving Obamacare** — [learn how to claim a FREE copy by clicking here](#).

So why are all of these doctors abandoning their Hippocratic Oath to treat "all my fellow human beings?"

This Isn't About Doctors' Greed — It's About Survival.

Medicare reimbursements have been slashed.

Doctors who used to get paid \$1,700 for cataract surgery in 1986 now get \$600.

In the 1980s, the reimbursement rate for a cardiac catheterization was \$1,000. Now, it's \$185 for the exact same procedure.

Doctors have full staffs, expensive equipment, and rent for facilities. You can't cut the reimbursements of certain procedures by as much as 82% and then expect doctors to be able to keep their doors open.

Because, although some equipment may have gotten cheaper over the years, the salaries of nurses and lab technicians certainly have not — nor should they.

Doctors have no choice but to change the way they do business to survive.

And this is at your expense.

In Texas, 62% of primary care physicians are now rejecting all new Medicare patients.

The figure is 18% and growing in Illinois. And in New York, 1,100 physicians recently shut their doors to Medicare recipients.

And you are about to see this trend surge . . .

In January of 2011, Obamacare will usher in an additional 30% reduction in pay for doctors who take Medicare.

Continued Reimbursement Cutbacks Will . . .

"Undoubtedly force some doctors to stop seeing Medicare patients altogether."

— *President Obama, June 12, 2010*
Source: *NY Times*

So will your doctor be next to rush into a "Medical Country Club" practice?

I hope not, but . . .

If You Aren't in the Upper 1% of Wealthy Americans . . .

You need to take steps now to ensure you live in optimal health without relying on doctors who — because of rationing or that you simply can't afford it — may no longer be able to treat you.

In **Surviving Obamacare**, we'll give you the conversations to have with your doctor now, plus the medical exams and tests you must get immediately before the lines start forming.

We'll also tell you how to immediately boost your memory, eyesight, and energy with a detailed plan containing simple and cheap alternative solutions to prescription drugs as well as effective treatments that might save your life when you're really in trouble.

You have no choice now but to be your family's first defense against illness and injury.

[So I suggest you claim a free copy of **Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom**](#)

First You'll Uncover the Truth . . .

As I previously mentioned, **Surviving Obamacare** is a two-part book.

In Part I, Betsy McCaughey and Dr. C.L. Gray will take you point-by-point through everything we've covered in this letter plus even more startling dangers in store for America:

- **The Harsh Reality of Rationing** — Will you, your children, or grandchildren be refused admission to a hospital . . . access to dialysis machines . . . and life saving treatments? And does Washington, D.C., now view your life as less important than your neighbor's? Get the facts!
- **Could You Be Refused Membership For "Country Club Medicine"** — As Medicare flat lines and physicians are forced to deny the average American treatment, will you soon be unable to see a doctor, because you can't afford a \$20,000 (or more) annual membership fee?

And, in the near future, will the rich be able to buy priority over you for cures, treatments, and surgeries in the days of so-called "universal healthcare"? The startling truth may frighten you.

- **Expose the "Complete Lives System" Scandal and the Truth Behind "Social Usefulness"** — In India, people are separated unfairly, based on social class. Will Obamacare now make seniors, the handicapped, and — shockingly, infants and small children — second-class citizens in America's very own caste system?

Plus, meet Dr. Berwick, Dr. Emanuel, and the rest of the Obamacare "Puppet Masters" who will be pulling the strings behind our new healthcare system and possibly making decisions on whether your life is "too expensive" to save.

- **Obamacare: Empowering Big Pharma, Big Insurance, and Big Government Since March 23** — Americans were sold reform, but actually shortchanged for the benefit of powerful special interests.

Discover how through backdoor deals and midnight legislation "Big Pharma," "Big Insurance," and "Big Government" compromised your general welfare and freedoms.

- **Who's Spying On You?** — Can the IRS, the attorney general, and the secretary of Health and Human Services now look at your most private of personal information, including your bank account?

The China Syndrome — Will a Washington "Government Home Visitation Program" counselor soon be able to determine when Americans can have children? We've seen this in China. Some clauses in Obamacare make this a distinct possibility in the near future.

- **"The God Committee"** — Is Rahm Emanuel's brother now in favor of a very unholy alliance called "The God Committee" to decide what's right for you?
- **Pre-existing Condition Deception** — Did President Obama secretly omit the one reform point that everybody wanted and all Americans need in their healthcare plan — despite promising to include it?
- **Calm Before the Storm: 2014, the Year Your Liberties Will End** — This is when the true ramifications of Obamacare will strike Americans. Prepare now with this year-by-year timeline of what to expect in the years ahead.

All of this and so much more will be covered in plain English — instead of the complicated legal jargon that allowed the White House to hide its true intentions from the American public.

You'll even be able to see the healthcare bill we should have had. The one that truly would have made a difference in your life and the one we should all fight for.

[Prepare for the Days Ahead by Claiming Your FREE Copy of Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom here! \(\\$35 value\)](#)

Now, exposing the real story behind Obamacare is just Part I.

What you will get next is even more important.

Create Your Own Clean Bill of Health . . . Avoid the Obamacare Nightmare With This Total Wellness Plan

Your ability to live an active, healthy, and long life is now on the line. You must act now.

That's why I gathered Dr. Brownstein, Dr. Crandall, and Dr. Blaylock to put together a comprehensive, total wellness plan for you to implement immediately.

Politics has no place in your doctor's office and these physicians are here to help you get through the dangerous years ahead.

In **Surviving Obamacare** you will get invaluable solutions including:

- **Three Health Exams to Have Right Now That Could Save Your Life** — Most exams try to determine whether you are sick. But these three tests aim to make sure you are well. Identifying and preemptively treating possible future conditions is a must in the days of Obamacare.

The results of these pain-free and noninvasive tests of your blood work and gastrointestinal and cardiovascular systems, combined with the solutions presented in this book may help you fortify your immune system and fend off any potential dangers that have been lying dormant or undetected until now.

- **Seven Secrets That Can Predict Your Future** — What are the chances that a hereditary disease or condition has been passed down to you? If your family history has any warning signs of cancer, stroke, or heart disease, you should heed this chapter closely.

Learn seven little-known ways to help identify any possible conditions that may strike you in the future, plus the steps and natural treatments you can take now to rebalance your life and protect yourself from future life-threatening conditions or illnesses.

- **The Five Deadly Drugs of Obamacare and Five Safe (and Cheap) Alternatives** — The White House gave Big Pharma "a seat at the table" in determining what medications your doctor may be mandated to treat you with for conditions such as diabetes, depression, heart disease, cancer, even the common flu.

These drugs could cost you thousands of dollars a year and put your life in jeopardy with their dangerous side effects. You'll learn these five drugs, their risky (sometimes deadly) side effects, and most importantly, the natural alternatives that can be more effective, safe, and cost under 6 cents a day.

- **How to Survive Your Next Hospital Visit** — Right now, complications and errors from hospital visits are the eighth-leading cause of death in this country.

This will only worsen as Obamacare cripples innovation and handcuffs the ability for many hospitals to treat you. You need to strengthen your immune system now to survive your next stay.

You will be given a list of eight nutrients and vitamins to begin taking, their dosage, and three dietary suggestions to help protect you from infections and complications.

Also revealed are natural supplements to take to help lessen the pain medication you will need for recovery.

- **The Hidden Thyroid Epidemic: 52 Million Americans May Be Inflicted With a Dangerous Condition in This Tiny Gland and Not Even Know It** — A thyroid condition is striking as many as 4 out of every 10 adults, yet it is often misdiagnosed or completely overlooked.

Cancer is one of the most severe of the 59 conditions this thyroid problem can cause. If you are suffering from unexplained weight gain, fatigue, aches and pains, dry skin, hair loss, or depression, you will want to pay close attention to this chapter of the book.

We discuss this hidden epidemic, how you can have it properly diagnosed, and also natural solutions that may help cure or prevent it from striking you in the first place.

- **The One Vitamin That Can Make You Feel 20 Years Younger** — Instead of risking the side effects

of prescription drugs, you can take one simple vitamin that numerous studies have shown help boost your energy, memory, reflexes, and vision. It may even help with serious disorders like psoriasis and erectile dysfunction.

Learn the right dosage so you can reclaim the best and most active years of your life.

- **Seven Steps to Get Off Statins Safely** — They are one of the most prescribed medications. And although they can lower your cholesterol, they also can cause liver and muscle damage.

Learn seven easy-to-use steps you can take to help avoid the threats of statins while reducing your risk of stroke and heart disease.

- **Eight Ways to Lower Your Blood Pressure Naturally** — Studies show that high blood pressure lowers your life expectancy by five years. But you can take these eight simple steps to recover that lost time. And not one of those steps requires ingesting a dangerous, prescription drug.
- **Contrarian Fitness Routines and Healthy (and Tasty) Food Choices** — Regardless of your current physical condition, you can follow these quick and safe exercise tips to strengthen your heart and lungs.

And just because food is good for you doesn't mean it has to taste awful. Learn the best meals and snacks for recharging your energy, flushing out dangerous toxins, increasing your sex drive, and improving the overall condition of your body.

This is just a quick snapshot. There are many more powerful treatments, natural health solutions, and prescription-free alternatives contained in this comprehensive and powerful book.

When you are finished reading this book, you will have a clear understanding of what the future holds and how to prepare for it.

[Claim your FREE copy of Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom here!](#)

And I have even more for you.

The Surviving Obamacare Website

This FREE online medical resource is available only to Americans who claim their copy of **Surviving Obamacare**.

Here you will get in-depth articles and videos from the top minds in alternative health, medicine, and politics.

Also, the website has many interactive features to allow you to make your voice heard and to create debates with your fellow readers.

[Claim your FREE copy of Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom here!](#)

FREE Bonus Gift #1:

Become Your Family's First Line of Defense With a Two-Month Trial to the Blaylock Wellness Report (a \$9 Value)

Dr. Russell Blaylock is a nationally recognized, board-certified neurosurgeon who now has turned his focus to using nutrition to treat and cure many conditions.

He has spent decades studying socialized medicine in Europe, Canada, and across the globe. He has also seen it firsthand in his travels.

In his **Blaylock Wellness Report**, you will receive sound guidance, strategies, natural cures and inexpensive treatments to help you defend your health at home — instead of waiting in a long line in post-Obamacare America.

Dr. Blaylock excels in teaching Americans to treat themselves as opposed to relying on dangerous drugs.

His monthly newsletter is the flagship health publication of Newsmax, with more than 200,000 readers.

You will now have instant (and 100% FREE) access to more than six years of the powerful and invaluable advice Dr. Blaylock has been providing fortunate (and now much healthier) subscribers.

Recent topics Dr. Blaylock has covered include:

- **How to Stop and Prevent Killer Headaches** — We've all had the kind of headaches that can stop us in our tracks. But did you know that as you get older, severe headaches can increase your risk of stroke by 600%?

Learn strategies on how to treat them naturally and a few simple cures you can get from your grocery store. You may even be able to stop headaches from occurring altogether.

- **Frail No More** — Many unfortunately believe that the golden years and frailty go hand-in-hand. This is simply not true.

New advances in the understanding of our genes have uncovered natural treatments for strengthening our genetic makeup to make our later years as vibrant as our youth. Learn methods that may allow you to turn back the clock from the comforts of your own home.

- **The Overlooked Secret Behind Longevity** — Many suffer from shortness of breath, a chronic cough, and a basic inability to exert themselves. But lung health is generally low on the average person's list of health concerns. Especially for non-smokers.

But what most don't know is that by strengthening your lungs, you may actually increase your



lifespan.

Learn the vitamins and supplements that may help you to run marathons, swim more laps, and add years to your life.

- **"Trick" Your Body Into Preventing (Even Healing) Cancer** — Since 1991, cancer death rates have dropped 21%. But that was before the days of "rationing." Americans need to be more proactive than ever to help avoid falling victim to this deadly disease. Fortunately, there are steps you can take to improve your chances significantly. And Dr. Blaylock will share them with you.

Plus, you'll also learn chemo-free solutions that may ease the aggression of this serious disease. This is a must-read for all of those who have a history of this cancer in their families.

- **Supercharge Your Memory With These 10 Simple Exercises** — Without even leaving your favorite chair, you can do 10 simple activities that may enhance your memory immediately.
- **Four Supplements That Will Allow You to Live Longer** — Folks have been searching for the fountain of youth since the dawn of time.

And although immortality is impossible, you can add certain supplements to your diet that may not only help extend your life but also increase the quality of it.

Dr. Blaylock covers so much more on topics such as secrets to improving your eyesight, relieving joint and arthritis pain, and simply becoming more active.

For the next two months, you will have unlimited access to all of it.

[Learn How to Receive a FREE copy of Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom by Clicking Here!](#)

FREE Bonus Gift #2: **Live a Healthy, Prescription-Free Life With a Three-Month Trial to Dr. David Brownstein's Natural Way to Health (a \$13.50 value)**

Dr. David Brownstein is a board-certified family physician and one of the foremost practitioners of holistic medicine.

His breakthroughs on using natural hormones and nutritional therapies have propelled him to become one of those most sought-after lecturers internationally. And he regularly trains physicians on his discoveries in alternative medicine.

In your FREE, three-month trial subscription, you will get his treatments, cures, and techniques that will allow you to enjoy what he calls "optimal health."

His goal is to show you how to live your life to its maximum



potential with simple changes to your diet, fitness, and supplement regiment. And without dangerous and toxic drugs.

Covered in his "**Natural Way to Health**" newsletter:



- **Big Pharma's Even Bigger Lie About Aging and Osteoporosis** — The pharmaceutical industry has been touting dangerous drug treatments for osteoporosis. Treatments with no basis in scientific study. Instead of risking your health with unproven drugs, try one particular vitamin as well as the diet described in this particular issue.
- **Early Warning — Seven Blood Tests That Can Prevent a Coming Crisis** — Healthy blood is the key to optimal health. Many people (and doctors) don't realize it, but you may be able to trace just about any future disease that may strike you, as well any genetic disorder you may encounter down the road, simply by looking at your blood work.

Your doctor may not even be aware of these seven tests. So you need to bring them up in discussion because their results, combined with the recommendations in this newsletter, may help you avoid heart disease, stroke, blood clotting, thyroid disorders, and much more.

Plus, these tests may show you how to recharge your system so you can fight off illness, eliminate fatigue, and boost your memory.

- **Miraculous Uses for the Most Misunderstood Nutrient** — Mainstream medicine has been at war with this nutrient. Yet studies have shown that it can be used to treat goiter, thyroid diseases, even some forms of cancer.

Learn the simple tests you can take to help determine how to balance this incredible nutrient in your body precisely with proper supplementation.

- **The Truth About Hypertension** — Hypertension is big business. While many folks who have severe hypertension need drugs to combat this condition, the vast majority of so-called, high blood pressure sufferers are being prescribed medications they shouldn't be on.

Learn how one safe mineral may combat this serious condition without the use of potentially dangerous prescription drugs.

- **Can Soy Be Deadly?** — Soy lurks in many of our everyday foods. This dangerous hidden ingredient can drastically weaken your sexual health, worsen osteoporosis, and thyroid dysfunction, and hasten the development of cancer.

Learn the one supplement you can take that may help reverse the negative effects of this potentially deadly "health food."

- **Are You Being Poisoned Slowly by This Everyday "Toxin"** — One ingredient in many over-the-counter medications, foods, and soft drinks has been proven to lead to depression, headaches, irritability, and lack of concentration. And for folks who ingest too much it can cause delirium, psychomotor retardation, schizophrenia, and hallucination.

Alarmingly, you may be consuming it at the dinner table tonight.

Learn how to avoid this poison in your environment and foods from this day forward. Plus get the

supplements and minerals that may help fortify your immune system so you can defend your body from this "toxin."

- **Four Vitamins and Two Minerals That Can Save Your Life** — Instead of gathering a small army of pills to take every day, get strategies that may help extend and improve the quality of your life with a select group of foods that provide you an array of vitamins and minerals that strengthen longevity.

[Claim your FREE copy of Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom here!](#)

Can You Afford Not to Read Surviving Obamacare?

Currently, 53 million Americans suffer from arthritis; 6 million from cataracts; and chronic fatigue strikes 500,000.

When Obamacare's cutbacks in treatments and access to your physician strike, if you suffer from one of these conditions, your quality of life may be drastically reduced.

And now that you and your doctor have been targeted as "the bad guys" — if you are one of the 24 million who suffer from diabetes, 27 million living with heart disease, and 6.5 million who will experience a stroke, you may lose your life if Dr. Berwick and Dr. Emanuel feel you do not have the "social usefulness" to receive a critical procedure. But you do not have to fall victim.

Dangerous diseases, pain and suffering, and a shortened life are easily avoidable. You may give yourself the opportunity to live longer — with the energy, vision, and strength you had 20 years ago — even with Obamacare looming.

All you need is serious help — immediately. And you are about to receive it.

The conservative value of Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom — as well as the bonus gifts I'm including — is \$57.50.

But it's so important you get your hands on this information, I'm going to send it to you for FREE right now.

All that I ask is you cover a nominal shipping charge of \$4.95.

This tiny fee won't even cover the printing or postage costs of everything you will be mailed. And it definitely won't come near the cost of the book.

But I feel it's my obligation to ask only what I believe every American can afford.

You need a powerful advocate who will stand behind you.

Newsmax is willing to be that advocate and cover the costs on your behalf.

It's never been more important to get the real story on Obamacare as well as a specific plan with alternative treatments and cures to help you safeguard your God-given right to a long, healthy, and active life.

[Claim your Free Copy of Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom here!](#)

Here's to Your Health,



Travis Davis
Health Publisher
Newsmax

P.S.: Help protect yourself from this attack on the freedoms and general well-being of 307 million Americans. With your **FREE** copy of **Surviving Obamacare**, you will get the real story on rationing, socialized medicine, and the constitutional violations of this anti-American "reform" bill.

And you will be given natural, preventive cures that may help you avoid dangerous drugs and could help you to live a long life to the fullest.

[Claim your Free copy of Surviving Obamacare: A Step-By-Step Plan to Defend Your Health & Freedom here!](#)